



Tony L. Abbott D.CH  
234 St. Marie Street  
Collingwood, ON  
L9Y 3K5  
Mon - Tue: 9am to 5pm  
Wed: 9am to 12pm  
Thu: 10am to 6pm



705.444.9929

I'm Here Because:

Click the buttons below to see the related video

"My Heels Hurt"

"I Have Diabetes"

"I Have Questions About My Feet"

[www.abbottfootclinic.ca](http://www.abbottfootclinic.ca)

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## EYES AND TOES – WHAT'S THE CONNECTION?



We are all familiar with laser eye surgery and the impact that it has on the lives of those that receive it. Specialized lasers are now available to impact the feet and allow people to walk barefoot without being embarrassed with thick, yellow toenails.

The battle against toenail fungus has always been tough. Oral medications have potentially harmful side effect on the liver and kidneys. Topical medications don't penetrate through the nail very well and can take up to a year of application. The introduction of specialized lasers is now changing the game.

Lasers offer hope to those suffering with toenail fungus – an infection that an estimated 20 percent of Canadians or 6.6 million people have – that causes toenails to become thick, yellow and difficult to cut.

The fungus can spread it by shedding invisible spores when people walk barefoot in locker rooms or showers, across carpets, and even as they remove shoes and socks. The fungi get in under the overhanging edge of the nail and march from the edge of the nail all the way to the cuticle.

## SAVE MONEY BY WALKING OR BIKING

**The Abbott Foot and Ankle Clinic** is encouraging all of their patients who are able, to walk or bike to their foot care appointment during July and August. In doing so, you will save \$1.00 off the cost of your appointment. For each dollar saved, we will donate that amount to the **Collingwood Environment Network's Active and Safe Routes program.**

The Active and Safe Routes to School is a program designed to ...

[\(Read full story\)](#)

## Facebook Fan Page!

ALERT!



Log on and "LIKE" us...

- Receive tons of helpful foot tips
- Contests with BIG PRIZES
- And much more!



**Abbott Foot & Ankle Clinic**

**234 Main Street  
Collingwood, ON L9Y 3K5**

[www.abbottfootclinic.ca](http://www.abbottfootclinic.ca)

### Contest Winners!!

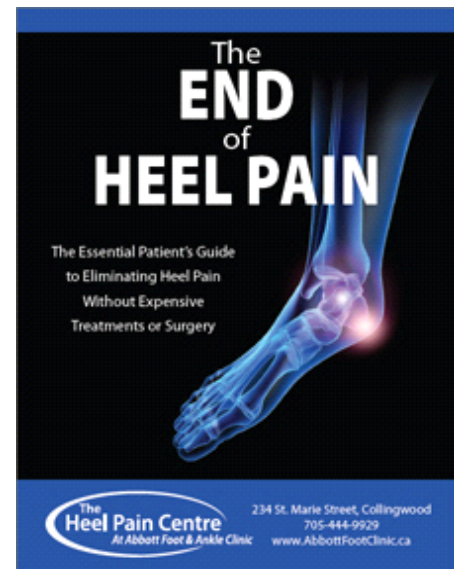
Congratulations to Roseanne W. whose name was randomly selected for the In-Office Contest for the month of May.

Congratulations to Rosemary W. who correctly identified the 5 pictures of Tony's vacation to win our Facebook Trivia prize.

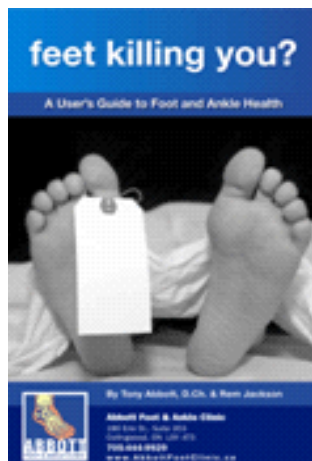
Be sure to follow us on Facebook for more FUN trivia and great prizes to be won!!!

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### HEEL PAIN CENTRE – NOW OPEN!



[Request your FREE report now!](#)



Order a **FREE COPY** of feet killing you? A User's Guide to Foot and Ankle Health by visiting our website at [www.abbottfootclinic.ca](http://www.abbottfootclinic.ca) or by calling 1.888.435.3667 ext.105. *"I wrote this book because too many people suffer needlessly with foot pain."*

Tony Abbott D.Ch.

### Collingwood MS Walk Update

The MS Walk in Collingwood took place on Sunday April 17th this year with 195 walkers. Team Abbott's Happy Feet were part of this annual walk that raised 4.6 million dollars across Canada. Despite the snowy conditions the walk was enjoyed by all for this wonderful cause.